

SIGMOIDOSCOPY

PATIENT INSTRUCTIONS

Patient: _____

Date of Procedure: _____

Check In Time: _____

Procedure Time: _____

Location: (Please select your location)

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Digestive Healthcare of Georgia
134 Mountainside Village Parkway,
Building 500, Jasper, GA 30143

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Piedmont Mountainside Hospital
1266 Highway 515 South,
Jasper, GA 30143

CANCELLATION POLICY

To avoid a **\$250** cancellation or no-show fee,
please cancel your procedure at least **72 hours** in advance.

PREPARATION INSTRUCTIONS

- 1** You will be with us for **2 1/2 - 3 hours**.
- 2** You will need to buy **2 Fleet enemas** (in the green and white box).
These can be bought over the counter at the drug store.
- 3** Have nothing to eat or drink after midnight.
- 4** **One hour prior to your arrival** take the 2 Fleet enemas rectally.
In order to cleanse the bowel, the contents of the bottle should be held in the rectum as long as possible (5-7 minutes).
Take them consecutively (one after the other).
- 5** **ADDITIONAL PREP INSTRUCTIONS:**
 - If your procedure is scheduled at 1:30 PM or later, you may have a light breakfast before **9:00 AM**. This should **NOT CONTAIN ANY FATS OR DAIRY PRODUCTS**.
After breakfast, follow the prep as stated above.