



Digestive Healthcare Endoscopy Center

GLP-1 Upper Endoscopy

Today's Date: _____	Patient: _____
Doctor: _____	Scheduled Date of Procedure: _____
Check-In Time: _____	Scheduled Procedure Time: _____

Location & Parking

Digestive Healthcare Endoscopy Center

3280 Howell Mill Road NW, Suite T-150
Atlanta, GA 30327

Please Park in the open-air parking lot on the north side of the building. Enter through the Digestive Healthcare of Georgia Outpatient Procedures entrance.



**Please scan QR Code or link below for
directions to Endoscopy Center Parking**

<https://maps.google.com/?q=33.843999,-84.429216>

Cancellation Policy

- To avoid a \$250 cancellation/no-show fee, cancellations must be made at least 72 business hours in advance.
- Failure to follow these instructions may result in delay or cancellation of your procedure.

Important Pre-Procedure Instructions

- Begin a CLEAR LIQUID DIET the day before your procedure.
- Clear liquids and medications (unless otherwise instructed) can be taken up to 3 hours before your procedure.
- Nothing solid by mouth (including gum, mints, cough drops, ice chips, etc.) after midnight the night before the procedure
- Females ages 18-55 will be asked to provide a urine sample for a pregnancy test.
- Please be aware that there is a remote risk of injury to your native teeth or to dental work which is beyond our control. Because of this, you will be asked to sign a consent which states that you understand this risk and are willing to proceed.

Transportation

A RESPONSIBLE ADULT DRIVER IS REQUIRED

You must arrange for a responsible adult to drive you home.
Your driver may wait in the waiting area or return to pick you up later.



About the Procedure

UPPER ENDOSCOPY (EGD)

An upper endoscopy (EGD) evaluates symptoms like abdominal pain, bleeding, nausea, or trouble swallowing. A thin, flexible tube (endoscope) is inserted through your mouth to examine the esophagus, stomach, and upper small intestine.

If necessary, biopsies may be taken—this is painless.

Medication Instructions

WHY GLP-1 MEDICATIONS MATTER

GLP-1 medications slow stomach emptying and increase the risk of aspiration during anesthesia.

Oral GLP-1 Medications

Examples: Rybelsus

Hold the day before your procedure

DIABETIC PATIENTS

Do not take oral diabetes medications the day of the procedure.

Stop metformin the day before.

Bring insulin and syringes to the appointment.

BLOOD THINNERS (e.g., Coumadin, Plavix, Lovenox)

Get clearance from your prescribing doctor about pausing these medications.

ALL OTHER MEDICATIONS

Continue all other medications unless otherwise instructed by your physician.



What to Expect

The Day of Your Exam

- Take usual medications with only 4oz. of water at least 3 hours prior to the procedure.
- Wear comfortable clothing and secure shoes (no flip flops or sandals).
- Remove all jewelry and leave valuables at home (including glasses and dentures).

Before the exam:

- You'll change into a gown and robe.
- IV line will be inserted.
- Consent forms will be reviewed and signed.

During the exam:

- Sedation will be administered via IV.
- Your vital signs will be monitored.
- The endoscope will be gently passed through your upper GI tract.
- If necessary, abnormal tissue may be removed for biopsy.

After the exam:

- You may feel bloated or have a sore throat—this is normal.
- Do not drive or consume alcohol for the rest of the day.
- You may return to normal activity and diet the following day.
- A nurse will review discharge instructions before you leave.
- Biopsy results typically take 5–7 business days.

Possible Risks

- Perforation (tear) of the esophagus or stomach
- Bleeding from biopsy site
- Reaction to sedative medications

Clear Liquid Diet Guide

Avoid all red, orange, and purple liquids and avoid alcohol.

SOUP	Clear broth or bouillon
BEVERAGES	Coffee without milk or cream; tea; carbonated beverages such as Sprite or Coca-Cola; Gatorade; Powerade; Kool-Aid, with no red, purple, or orange colors
FRUIT JUICE	Apple juice and white grape juice, without pulp
SEASONING	Lemon juice or honey for tea; sugar for coffee
DESSERTS / SWEETS	Popsicles, fruit-flavored ices, flavored gelatin, hard candy, and Jell-O, with no red, purple, or orange colors

FINAL REMINDER

- Clear liquids are allowed up to three hours before your procedure.
- Nothing by mouth during the final three hours before your procedure, including gum, mints, cough drops, ice chips, or liquids.
- A responsible adult must drive you home.



Cancellation and No-Show Policy

To ensure that appointment and procedure times remain available to all patients, Digestive Healthcare of Georgia may assess a **\$250 fee** for procedures cancelled with less than **72 business hours' notice**. This charge is the patient's financial responsibility and will not be submitted to the patient's insurance carrier.

Billing & Insurance

BRING

Photo ID and insurance cards
Any required referral forms
Co-pay (due at check-in)

IF SELF-PAY OR INSURANCE DOESN'T COVER

Credit Card (Visa or MasterCard only)

OR

Two separate checks (one for the physician, one for the Endoscopy Center)

YOU MAY RECEIVE SEPARATE BILLS FOR

Physician services
Endoscopy Center services
Anesthesia (if applicable)
Lab/pathology services (if biopsies are taken)

Questions or Special Needs

BILLING QUESTIONS

For billing questions, contact:
(404) 603-3543

SCHEDULING OR SPECIAL NEEDS

For scheduling or special needs (e.g., pacemaker, interpreter, allergies):
Call (404) 355-3200