

UPPER ENDOSCOPY (EGD)

PATIENT INSTRUCTIONS

Patient: _____ Dr.: _____

Scheduled Date of Procedure: _____

Check In Time for Procedure: _____ Scheduled Time for Procedure: _____

CANCELLATION POLICY

To avoid a **\$250** cancellation or no-show fee, please cancel your procedure at least **72 hours** in advance.

IMPORTANT: YOU MUST HAVE A DRIVER

- A **licensed driver** is required to remain **on-site** during your procedure.
- **Rideshare services** (e.g., Uber, Lyft) are **NOT permitted**.
- Without a driver present, your procedure **will be canceled**.

DIETARY RESTRICTIONS

- **No solid foods** starting **at midnight** the night before your procedure.
- **Clear liquids only** are allowed until **three hours before** your procedure.
- **Nothing by mouth** (including water, gum, mints, or ice chips) **within three hours** of your scheduled arrival time.

FOR FEMALE PATIENTS (Ages 18 – 55)

- You will be required to provide a **urine sample** prior to your procedure for a pregnancy test.

DENTAL RISK NOTICE

- There is a **remote risk of injury** to your natural teeth or existing dental work.
- You will be asked to sign a **consent form** acknowledging this risk before the procedure.

MEDICATION INSTRUCTIONS

Hold these medications 7 days before the procedure:

Victoza® | Tanzeum® | Trulicity® | Lixisenatide® | Semaglutide (Ozempic®, Rybelsus®) | FU Laimei®
Mounjaro® | Byetta® | Beinaglutide®
or any other GLP-1 medication

If you are taking a GLP-1 medication, please begin a clear liquid diet the day before your procedure.
If the clear liquid diet is not followed, your procedure may need to be canceled.

UNDERSTANDING AN UPPER ENDOSCOPY

Preparation & Procedure Guide

UPPER ENDOSCOPY UNDERSTANDING

An upper endoscopy is a test performed to evaluate symptoms of persistent upper abdominal pain, bleeding, nausea, vomiting or difficulty swallowing. During the procedure, a doctor examines the lining of your esophagus, stomach and the first part of your small intestine through a thin, flexible tube called an endoscope. If growths or other abnormalities are found during the procedure, the doctor may remove the abnormal tissue for further examination, or biopsy. An upper endoscopy may also be used to treat various conditions of the upper gastrointestinal (GI) tract, such as narrowing, abnormal growths or bleeding.

PREPARATION

- Stop eating solid foods at midnight.
- Clear liquids are okay to drink (examples: water, Gatorade, clear broth, black coffee and apple juice).
- Do not drink red liquids or alcoholic beverages.

PRE-PROCEDURE CHECKLIST

Diabetes: Follow your physician's medication and diet instructions. Bring insulin and supplies if applicable.

Blood thinners: Tell your provider about Coumadin, Plavix, Pradaxa, or other blood thinners. Do not stop medications unless directed.

Other medications: Continue medications only as instructed.

Special needs: Report a pacemaker, internal defibrillator, latex allergy or interpreter need.

PROCEDURE OVERVIEW

Before: Change into a gown, review your history, sign consent forms, and have an IV placed.

During: Sedation is given through the IV while heart rate and oxygen levels are monitored. Polyps may be removed.

After: Initial results will be discussed and a report sent to your referring physician. Bloating is common. Do not drive or drink alcohol after sedation. Follow discharge instructions.

POTENTIAL RISKS & COMPLICATIONS

Rare risks include perforation (a tear in the colon lining), bleeding after biopsy or polyp removal, and medication reactions.

ADDITIONAL INFORMATION & BILLING

Bring a current medication/allergy list, photo ID, insurance card, and referral forms if required. Co-pays are due on the procedure date. Payment accepted: credit card, check, or cash.

Separate invoices may include: physician fee, endoscopy center fee, anesthesia, and laboratory fees for biopsies.

QUESTIONS?

General Inquiries: 706-253-7340
Insurance & Billing: 404-603-3543

Digestive Healthcare of Georgia Endoscopy Center is co-owned and operated by its physicians.